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| Dear Alumni,We are excited to announce New Beginnings MN (NBM) and Meridian Behavioral Health (MBH) are combining our two organizations. As the epidemic of addiction continues to swell, treatment providers are tasked with developing end-to-end solutions to reverse this trend and help those most in need. The unique combination of NBM and MBHs' residential, outpatient, MAT, and psychiatric services will provide Minnesotans an unmatched continuum of care to enable their road to recovery. Both organizations share a similar integrated, client-centric approach to care.**Why are NBM and Meridian Behavioral Health (MBH) combining?** All sectors of healthcare have been consolidating over the past few years to achieve the economies of scale necessary to provide quality client care, meet increasing regulatory demands, and have negotiating leverage with the insurance companies. Partnership with MBH will better facilitate our collective ability to serve clients andpreserve access to care.**What does this mean for the Alumni Association?** The Alumni Association is an independent entity,with its own charter, governance structure, and membership. That said, NBM is a strong financial supporter of the Alumni Association, and MBH is excited to continue and expand the positive impact the Alumni has had for NBM clients. Not only will MBH continue to support the great work of the Alumni in Waverly, but is eager to replicate this unique benefit to clients in their other campuses throughout the country. Liz Weinauer will continue at full speed as our Alumni Coordinator, and Dr. Jim Barthel will remain very closely involved in the Alumni activities (as well as his current clinical role at our Minnetonka outpatient facility). I will personally be managing the integration of our two companies, and look forward to strengthening the relationship with the Alumni Association to ensure our clients will always benefit from the lifelong recovery support and fellowship you provide.Warmest regards,Lane Elmer  |

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| **A Killer on the loose.....**There is a serial killer rampaging across our country. This is not your typical serial killer - there is no pattern or similar type of victim.This killer doesn't care if you're rich or poor. it doesn't care if you live in the country, city or suburbs, if you are from Los Angeles or Minneapolis. it doesn't matter to him of you're a high school dropout if you have a PhD. It doesn't matter if you're black or white. It makes no difference if you’re homeless or live in a mansion. It doesn't care if you're 15 or 50. This killer will take your spouse, sister, brother, son, niece or nephew. It has no boundaries.This killer does not discriminate. This killer will take anyone at any time.This killer has a name - it's alcoholism and it’s drug addiction. It may not show any outward signs of drug use, needle marks etc. but it's there. ﻿ |
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| Picture of beautiful arrangement of typical for Autumn and Thanksgiving pumpkins mini pumpkins and red yellow and pink fall mums in front of country old wooden home used as background |

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| "**Upcoming Events**"**"Ladies Night Out"**Saturday, October 28th4:00 pm - 9:00 pmAll women are welcome to come, bring your daughters, mothers and friends. The more the merrier! Dinner is served with a guest speaker, traveling boutique, crafting & much more. This is held at the AC building at Waverly.**"Holiday Decorating Party"** Saturday, November 18th starting at4:00 pm. Everyone is welcome to help decorate the AC building.**Save the date** for the **"Holiday Party"** December 2nd at 5:00 pm.Bring the children to see Santa! Great dinner, speaker. medallions & a raffle.These are all alcohol & drug free events. |

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| Booze, heroin, pot, pills, meth, ice, crank or crystal, so many names.All just as bad as a pistol in my mouth or a needle in my arm.There is no sugar coating, You will do nothing but harm,You made so many promises that all turned to lies, You came dressed as the solution, a most cunning disguise.And it didn’t take long but by then You had grown, And Your powers were strong, though You didn’t need takers.You make me kill myself alone in my basement,My self will on the shelf.Desperate and broken, I cried out to God!Dear God, help me please!By Gods’ Grace, which I do not understandI’m in Waverly, MN with a hundred helping hands,my ears finally open and my head clear of dope!DanMankato |

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| **Board Members**• Mike W. - President • Bonnie T. - Vice President • Cory T. - Treasurer• Michel R - Secretary • Bob P-Communications • Bob B - Fundraising • Jeff R-ASD Set up• Callie C- Speaker Co-Chair • Bob B- Speaker Co-Chair• Registration• Callie C - Outreach• Lisa S - MerchandiseLiz W., Alumni Coordinator Office: 763-658-5800 x1513Cell: 651-245-4272 Email:alumni@nbminnesota.com  |

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| **Outpatient Locations** |

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| **New Beginnings at St. Peter** 320 Sunrise Drive, Suite B St. Peter, MN 56082 (507) 931-0918 **New Beginnings at Litchfield**114 North Holcombe Litchfield, MN 55355 (320) 693-2461 **New Beginnings at Minnetonka** 13100 Wayzata Blvd., Suite 140,Minnetonka, MN 55345(952) 681-2454 |

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| **New Beginnings at Elk River**19230 Evans Street Elk River, MN 55347 612-248-1455**New Beginnings at Olivia** 104 So. 4th Street Olivia, MN 56277 (612) 590-7988**New Beginnings at Worthington** 1530 Airport Rd, Suite 200 Worthington, MN 56187 (507)360-7783  |

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| ***Mission Statement***The Alumni Association is a non-profit organization. We function solely to provide sober support for patients and their families who have completed treatment at New Beginnings. We are here in the spirit of fun and fellowship to celebrate recovery, share it with each of you, provide contacts for patients graduating treatment and to provide opportunities for service to all alumni. **For a printable PDF** |

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| [**www.nbminnesotaalumni.com**](http://www.nbminnesotaalumni.org/) |

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